



Bukas Loob sa Diyos Catholic Charismatic Covenant Community
DCS Meeting Minutes ~ Conference Call
March 17, 2020

4 th Sunday of Lent ~ March 22, 2020		
Readings:	Ex 17:3-7/Ps 98:1-2,6-7,8-9/Rom 5:1-2,5-8/Jn 4:5-42 -9	
Theme:	We are transformed to a life of holiness when we live as children of Light.	
Order:	<i>“Take no part in the fruitless works of darkness; rather expose them,” (Eph 5:11)</i>	
Direction:	Be bold in testifying the victory of Christ in your life.	
Promise:	<i>“Awake and arise from the dead and Christ will give you light.” (Ep 5:14b)</i>	
#	Topics	DCS Meeting Minutes
1	REMINDERS: Community Health Precautions (COVID-19)	<p>Let us be more vigilant and practice all the necessary precautions for our own safety as well as the safety of all our members and loved ones!</p> <ul style="list-style-type: none"> • Practice hand hygiene at key moments: <ul style="list-style-type: none"> ▪ After touching surfaces or objects that may be contaminated, wash hands with soap and water or wipe hands with alcohol-based hand sanitizer. ▪ Before eating, wash hands with soap and water. <p style="margin-left: 20px;">Recommendation: Wash hands with warm water and soap for 20 seconds or use hand sanitizer with minimum 60% alcohol content, as secondary option.</p> • Practice respiratory hygiene (and teach friends, family members to do the same!) <ul style="list-style-type: none"> ▪ Cover your cough and sneezes (i.e. into your elbow or with a tissue), immediately dispose of used tissue in trashcans, then perform hand hygiene afterwards • Clean and disinfect common, “high-touch” surfaces and objects frequently. • Avoid close contact with people who are sick. • Avoid touching your eye, nose and mouth with unwashed hands. • Wear a respiratory mask if having respiratory symptoms to protect others. • SOCIAL DISTANCING: Avoid public places, unnecessary social gatherings and use of public transport, work from home, if possible, avoid meeting in person, organize meetings via video or

		<p>conference calls, avoid physical contact with others in social situations, including handshakes, hugs and kisses.</p> <ul style="list-style-type: none"> ○ If you must be out and about, maintain a distance of at least 1 meter between yourself and anyone who is coughing and sneezing. ● Stay home if you are sick or may have come in contact with a sick person – “do this out of charity” ● Observe and maintain personal health optimum and strengthen your immune system by eating right, enough rest/sleep and exercise. <p>For more information about COVID-19 from CDC, click links below: https://www.cdc.gov/coronavirus/2019-ncov/about/share-facts-h.pdf https://www.cdc.gov/coronavirus/2019-nCoV/summary.html https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf</p>
2	Spiritual Preparation and Nourishment	<p><i>“The Lord is near. Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus.”</i> (Phil 4:4-7)</p> <p>In the midst of this pandemic, let’s not panic! Instead, let us put our hope and whole trust in the Lord and pray unceasingly, giving thanks to God the Father in all circumstances for this is the will of God in Christ Jesus for us (1 Thes 5:16-18).</p> <ul style="list-style-type: none"> ● Let us pray the Oratio Imperata and Pope Francis’s Prayer to our Blessed Mother every morning and night. ● Let us pray the Rosary and the Divine Mercy Chaplet every day. ● Let us pray the 9 days Novena prayers for COVID-19 pandemic, which will start this Friday, March 20th. <p>Please click the link below to get Novena prayers delivered to your inbox and feel the power of praying together with thousands of people! https://www.praymorenovenas.com/register?slug=pandemic-novena.</p> <p>Read more at: https://www.praymorenovenas.com/pandemic-novena</p> <ul style="list-style-type: none"> ● Let us read and reflect on the Word of God daily <ul style="list-style-type: none"> ○ USCCB ○ One Bread, One Body Reflection on Daily Readings ○ Word Among Us Daily Reflections (Complimentary Access) ● Celebrate the Eucharist daily via live streaming or video recording <ul style="list-style-type: none"> ○ Celebrate Daily & Sunday Masses with Relevant Radio ○ Check EWTN for their full schedule of Masses and rosaries. ○ Word on Fire Daily Mass

		<ul style="list-style-type: none"> • Below are additional available spiritual resources. <ul style="list-style-type: none"> ○ Magnificat Prayer Journal (Complimentary online version) ○ Word on Fire Homilies (Bishop Barron’s Sunday Homilies) • Most churches are open for private prayer and individual Confession (Sacrament of Reconciliation) – just be reminded to maintain a prudent distance from one another while in church. • Adult (Couple) Worship Leaders’ Prayers, if available, will be shared with the community every Friday. <p>We pray that our Lenten journey this season will be more blessed, holier and Spirit-filled as our Merciful God draws us deeper into prayer, into His Mighty Presence; and as He fully prepares our hearts to celebrate Easter with peace and joy in our hearts.</p>
3	<p>Update: Rescheduling/ Postponement of BLD Newark Activities</p>	<p>For the safety of all BLD members, our loved ones, our community and beyond, we must comply with the government’s directives to slow the spread of COVID-19. Hence, there are no changes to the postponement or cancellations of any of the activities for the month of March. As the situation continues to change, we will continue to closely monitor the outbreak.</p>
4	<p>E-Giving is Available</p>	<p>You may continue to give your love offering and tithes using our simple online donation tool. The e-giving system is on the BLD Newark website under Ministries/ Management/Treasury. https://www.bldnewark.com/treasury.html</p> <ul style="list-style-type: none"> ▪ For Tithes ▪ For Love Offering ▪ For Mission
5	<p>Weekly Prayers and Petitions</p>	<p><i>“First of all, then, I ask that supplications, prayers, petitions, and thanksgivings be offered for everyone, for kings and for all in authority, that we may lead a quiet and tranquil life in all devotion and dignity.”</i> (1 Timothy 2:1-2)</p> <p>In the absence of our Friday Praise and Worship, you can still submit your weekly petition/prayers through our BLD Newark website by clicking Prayer Requests /Petitions button, then fill up the BLD Newark Prayer Request Form.</p> <ul style="list-style-type: none"> • All weekly petitions should be submitted NO LATER THAN WEDNESDAY NIGHT. • For URGENT REQUESTS: please email Ron/Dina Pangilinan: Ron.Pangilinan@bldnewark.com Dina.Pangilinan@bldnewark.com <p>With all prayer and supplication, let us pray together in the Spirit. Let us be watchful with all perseverance, keeping our eyes open, keeping each other’s spirit up, so that no one falls behind or drops out (Ephesians 6:18).</p>

POPE FRANCIS'S PRAYER TO THE BLESSED MOTHER

O Mary, you shine continuously on our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick.

At the foot of the Cross you participated in Jesus' pain, with steadfast faith.

You, Salvation of the Roman People, know what we need.

We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God.

Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin. Amen.

ORATIO IMPERATA

God our Father, we come to you in our need to ask your protection against the 2019 N-Corona Virus that has claimed lives and has affected many.

We pray for your grace, for the people tasked with studying the nature and cause of this virus and its disease and of stemming the tide of its transmission.

Guide the hands and minds of medical experts that they may minister to the sick with competence and compassion;

And of those governments and private agencies, that must find cure and solution to this epidemic.

We pray for those afflicted: may they be restored to health soon.

Grant us the grace to work for the good of all and to help those in need.

Grant this through our Lord, Jesus Christ, your Son, Who lives and reigns with You, in the unity of the Holy Spirit, God forever and ever. Amen.

Mary Help of all Christians, pray for us.

St. Raphael the Archangel, pray for us.

St. Rock, pray for us.

St. Lorenzo Ruiz, pray for us.

St. Pedro Calungsod, pray for us.

Attendees:

Evangelization - Fil & Hum Flores

Formation - Gene & Bing Ymbong

Management - Vino & Beth Guiang

Mission - Nong & Tricia Bustos

Pastoral - Reuben & Cherry Vibar